

# MOTIVATIONAL MAGIC

with Steve Harmer

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## Build A Better World!

*"Build Yourself! Build Others! Build This Place!"*

### Warm-Up and Introduction:

**GAME:** Your Thumb-body Special and 3 Rules

**TRICK:** 3 Plate Spin on Pole – build up, up, up!

Message: "Build yourself. Build others. Build this place."

### Introduction of the Show:

"You can choose to "build up or to break down "You can choose "to help or to hurt"  
Today I want to encourage you to make a difference with your life and make this world better not worse!  
We will use these 10 Building Blocks with messages to teach us all how we can do this. On the back of these blocks I have 10 - 2 letter words with a "secret message" we will see at the end.

**TRICK:** Show Blocks

### A. BUILD YOURSELF (Pyramid Level 1 – The Foundation) "Care for yourself."

**Block 1 -Build Self Esteem** – Like yourself.

Accept Yourself. Believe in yourself. Challenge yourself.

**TRICK:** ABC Blocks

**Block 2 -Build Self Control** – Control yourself.

"If you don't control yourself someone else will have to control you."

**STORY:** The Man With 2 Dogs

**Block 3 -Build Self Awareness** – Be aware of yourself (Zones of Self-Regulation and Emotional Control).

Be aware of the zone you are in and remember to think before you act.

**Blue Zone:** sad, sick, tired, bored, moving slowly

**Green Zone:** happy, calm, feeling OK, focused, ready to learn – **IDEAL LEARNING ZONE!**

**Yellow Zone:** frustrated, worried, silly/wiggly, excited, loss of some control

**Red Zone:** mad/angry, terrified, yelling/hitting, elated, out of control

**TRICK:** 4 Handkerchief Blending to a Live Dove

**Block 4 -Build Self Discipline** – Positive habits for yourself.

Author Robert Fulghum wrote this wonderful little book called **All I Really Need to Know I Learned in Kindergarten** designed for adults. Here are some of his positive habits that reflect self-discipline:

1. Share everything
2. Play fair
3. Don't hit people
4. Put things back where you found them
5. Clean up your own mess
6. Don't take things that aren't yours
7. Say you're sorry when you hurt somebody
8. Wash your hands often
9. Play some and work some everyday
10. Take a nap every afternoon.
11. Hold hands and stick together
12. Be aware of wonder

**TRICK: Kindergarten Habit Balloon Prediction** (1 helper)

## **B. BUILD OTHERS** (Pyramid Level 2) “Care for people!”

**Block 5 -Build Family** - love, honour, work with, and celebrate your family

**TRICK: World and Family Jig Saw Puzzle** (2 helpers)

**STORY: Busy Father and Active Son**

“When you get the family right, the whole world comes together.”

**Block 6 -Build Friends** - choose words, actions and thoughts that encourage others (Bucket Filling)

**PUPPET:** visit from Jericho!

“We can be friends even though we are different. Differences make us SPECIAL!”

**Block 7 -Build Community** - respect others, share resources, serve others, care for others

**TRICK: I-CAN Do It Attitude! (Turn an idea into action)**

Everyone can help “build community” in your neighborhoods. Here are some **ideas**:

Spot #1: Turn off your screen!

Spot #2: Get to know the names of your neighbors.

Spot #3: Organize a game for neighborhood kids.

Spot #4: Serve a senior. i.e. Shovel snow

Spot #5: Hang out at the library.

Spot #6: Start a community garden.

16 Spots multiply: - Caring and kindness is contagious. It grows and grows and grows!

Happy Face Spot: - A great attitude builds community!

## **C. BUILD THIS PLACE** (Pyramid level 3) “Care for stuff.”

**Block 8 -Build The Environment** 5-R’s -Respect, Responsibility, Reduce, Reuse, Recycle

Recycling is a great way to build a better world. It is a little habit that make a big difference if everyone does it.

**TRICK: The Green Machine (Let’s Talk Trash)**

**Block 9 -Build Property** -improve things, create things, take care of things, be proud of your things

Unfortunately sometimes people want to break stuff and wreck stuff because they think it is fun or cool. Sadly I had all my magic equipment stolen from my van. At one school someone vandalized my van by dragging a sharp nail down to entire side of my van and scratching it badly. This is called **vandalism** and it is **wrong**. Painting graffiti and breaking windows are **wrong**.

When we build a better world we **create, care for** and **improve stuff (property)**.

**TRICK: Let’s Create a Rabbit Through Magic** (1 helper with rabbit hat and fun pop-up wand)

## **D. BUILD THE WORLD** (Pyramid level 4) “Care for the world.”

**Block 10 -The World** -Be a builder not a breaker. Be a helper not a hurter.

We all need to learn that “together we are better”. Life is more fun, more interesting and more exciting when we share our lives with others. One of the worst punishments that can be given to prisoners is called solitary confinement. It is very difficult and painful to be separated from others. We are designed to be social beings and joy and purpose comes through being together. We all have this beautiful capacity “to love” and “to be loved” by others.

**TRICK: Better Together** (10 Helpers)

## **E. CONCLUSION**

Deciding to “Build A Better World” is a choice that all of us need to make. It means taking personal responsibility for your life. Don’t wait for your teachers, your parents, or politicians to make the world better. It is up to you! Let’s check out the “secret message”.

**SHOW SECRET MESSAGE! (with 10 – 2 letter words): “IF IT IS TO BE, IT IS UP TO ME”**